

Intermediete :

Gerakan	Orientation	K-Factor
1. Takeoff	U	1
2. Double Stall Turn	U	3
3. Half Reverse Cuban Eight	T	1
4. Cuban Eight	D	2
5. Immelmann Turn	U	2
6. Split S	T	1
7. Three Inside Loops	U	3
8. Straight Inverted Flight	D	1
9. Stall Turn	T	2
10. One Reverse Outside Loop	U	3
11. Three Horizontal Rolls	D	3
12. Half Cuban Eight	T	1
13. Square Loop	U	2
14. Landing	U	1
		(Total K = 26)

Detail gerakan lihat gambar.

Penjelasan gerakan : *Mengacu Pada penjelasan gerakan AMA Manuvere Intermediete*

